

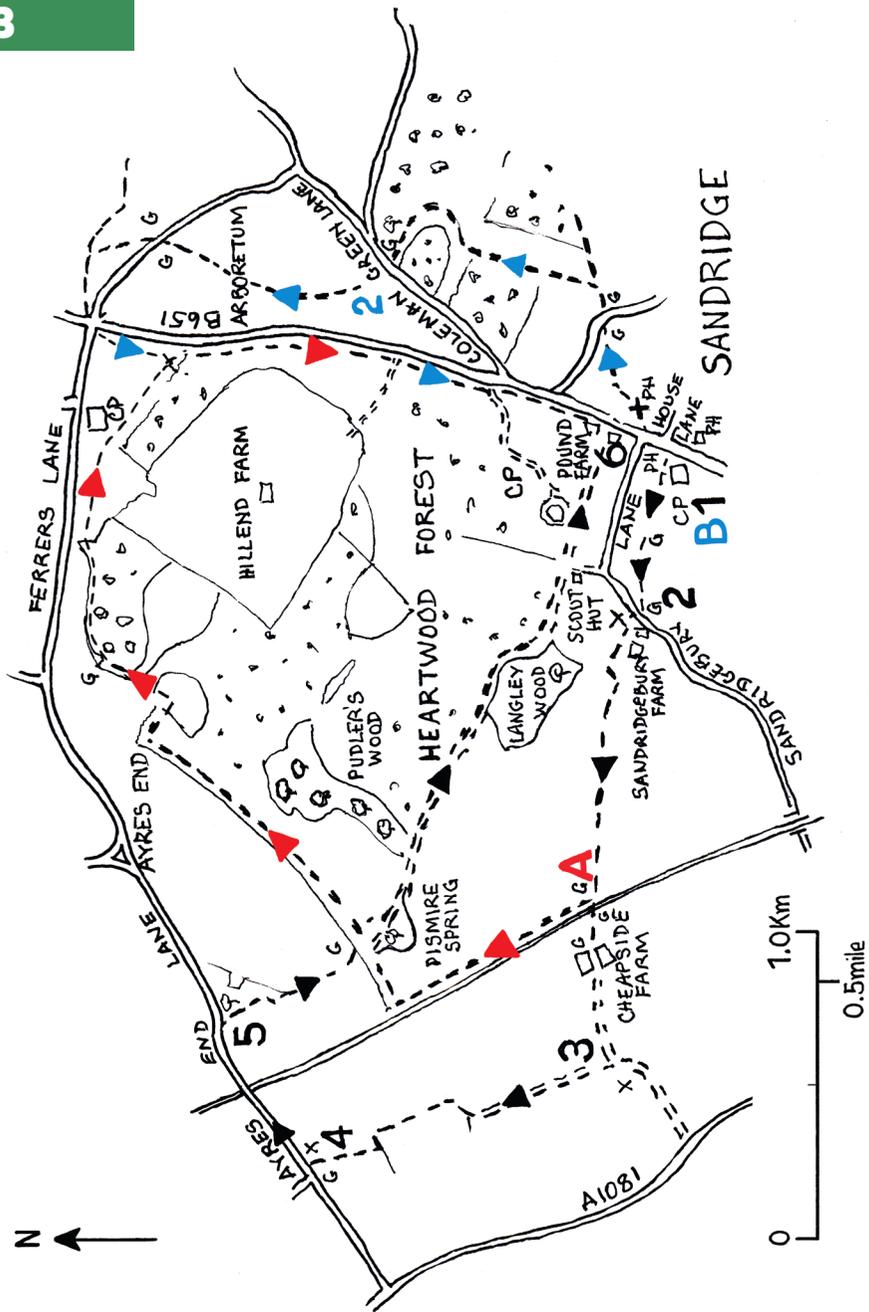
Park (a) in Spencer Meadows car park in Sandridge [POI 54] by village hall, GR 169-104, (where there are toilets)  
OR (b) in Heartwood Forest car park, GR 168-108. To L of car park, go through gate in hedge onto track. Turn L, through Pound Farm to road. Turn R to Item 1

**NOTE:** Many gates on either side of the route provide access to Heartwood Forest [POI 55]. There are numerous walks in Heartwood Forest; **Alternative route A** is given below. Another alternative, **route B**, is shown on the map, but not described here (this goes through the recently planted arboretum and community orchard). Not all paths are rights of way.

- 1 From rear of car park go past children's play area (W) along fence R of football pitch through kissing gate. Follow right hand power line through second kissing gate and continue following power line through third signposted kissing gate and across lane (Sandridgebury Lane). Opposite, a bridleway (signposted Childwick Green) continues (W) between fences then hedges for 1.0km to bridge over railway [POI 56]. **Alternative route A** starts here.
- 2 **Alternative route A: (total distance 3.7km / 2.3 miles).** Before bridge over railway, turn R (NW) up through gate. Enter Heartwood Forest, with railway track L for 850m to gate, then turn R (E) with hedge L. Go through two gates, crossing a bridleway. Bear L (NE) for 1.0km to hedge, then turn R uphill to LH corner of wood (Round Wood). Turn L and continue with hedge L to kissing gate to enter Nomansland Common [POI 32]. Turn R (E) over the common to the B651. Turn R (S) with main road on L up to edge of common, and signpost at track (bridleway 32). Continue on track to Sandridge, then along pavement back to starts (a) and (b).

**OTHERWISE,** cross bridge and go through farm gate. Bear R (NW) through farm gate ahead and between farm buildings onto access road of Cheapside Farm. Turn R (W) and in 400m where road bears L, turn R (N) at signpost onto track.

- 3 Go downhill with hedge L past plantation L with hedge R to the bottom. Where track turns L, bear R for a few metres with hedge L, then turn L through gap in hedge. Continue (N) uphill with hedge L, into lane (Ayres End Lane) by gate.
- 4 Turn R along lane, passing houses L and over railway bridge. Where road bears R, take bridleway R (S) at signpost.
- 5 This bridleway continues for 2.6km, first parallel to the railway R (S), then (SE) past Langley Wood and Scout Hut R. The bridleway also passes Heartwood Forest car park on L, **start (b)**, then goes through Pound Farm [POI 57] to road (B651 Sandridge High Street).
- 6 Turn R (SW), noting St. Leonard's Church on L [POI 58], back to car park, **start (a)**.



Total Distance 6.8km / 4.2 miles  
**Alternative: 3.7km / 2.3 miles**